



santé • health  
**NOVA**montréal

# Children's Respite

- Purpose: To provide parents of children between 0 and 6 years of age, who have a chronic illness; a physical disability and /or an intellectual disability with:
- Regularly scheduled periods of respite
- An average of 6 hours per week per child
- Provided by the same Home Health Aide (HHA)

# Children's Respite

- Our Priority is to provide respite to
  - families who are having difficulty coping with the emotional strain of being 'on duty' 24 hours a day
  - families who do not have an established support system



# Children's Respite

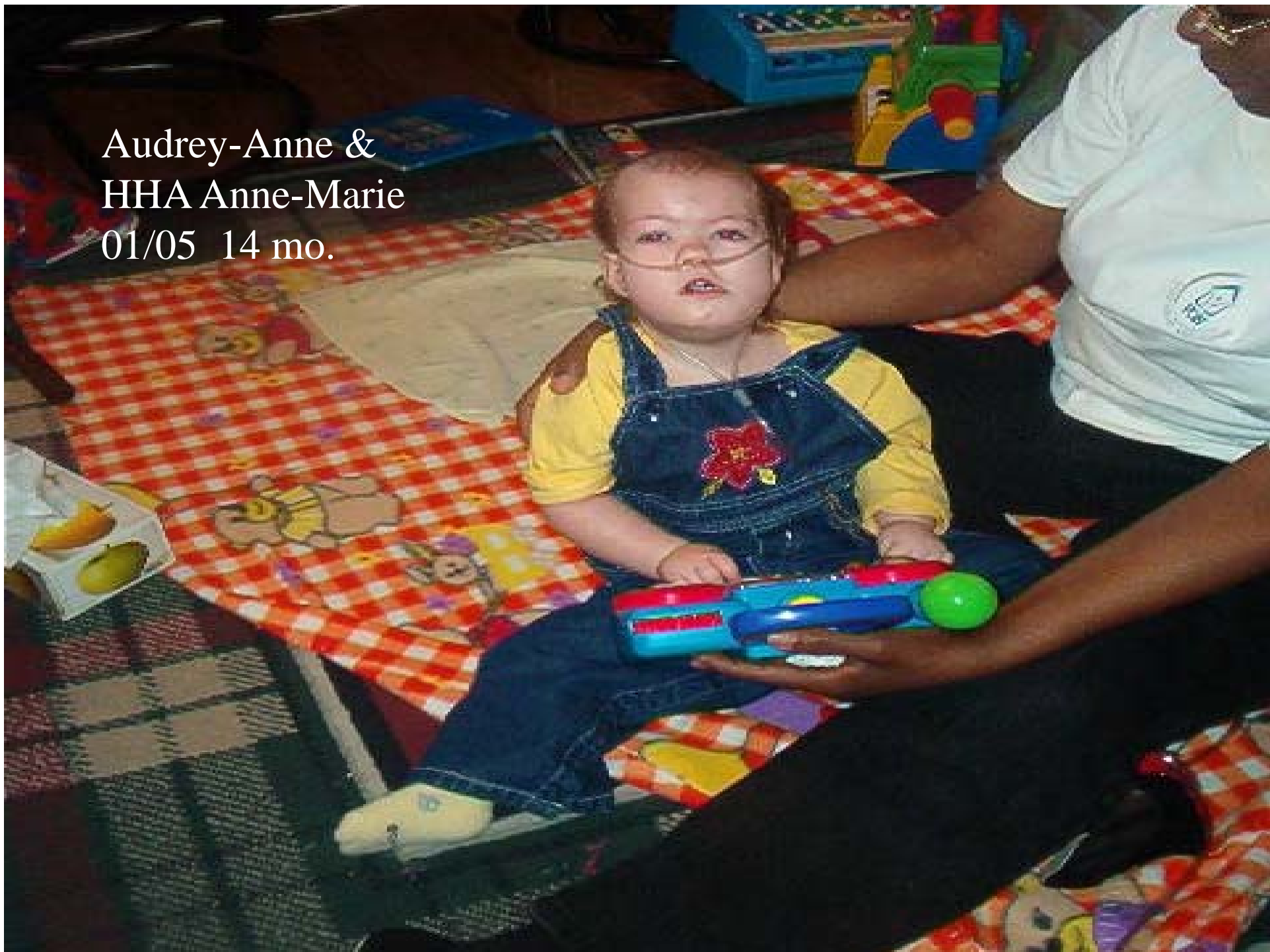
	October 2005	July 2006	September 2006	Yearly total	Average per client
Active clients	15	25	16	34	
# home visits	84	193	227	1301	38
# hours of service	318	627	768	4682	138

# Children's Respite

- Referrals are received from professionals and individuals
- After the initial evaluation by the NOVA Montréal Program Manager, a Home Health Aide is assigned.
- The NOVA Program Manager, a Registered Nurse, supervises and supports the HHA and family caregiver alike.



Audrey-Anne &  
HHA Anne-Marie  
01/05 14 mo.



# Children's Respite

- The HHAs carry out the tasks that the family caregiver would normally do for the child
  - Tube feeding
  - Suctioning secretions from the mouth and nose of the child
  - Administration of pre-prepared medications
  - Bathing, feeding and playing with the child

# Children's Respite

- The family caregivers often:
  - leave the home to do errands
  - go to an exercise class
  - spend time with friends
  - spend time alone with their life partner
  - or catch up on some much needed sleep

Charles-Élie 18mo.& HHA Marielle 09/05



# Children's Respite

Assistance from the Zhubin Foundation has allowed us :

1. to enlarge our territory of service (Kirkland, Lachine and east of St. Denis Street)



# Children's Respite

## 2. Provide extra care in special circumstances:

- A 15 year old boy with rampant leukemia
- Family going through a separation
- Mother pregnant and at risk for complications, son due for surgery
- Two autistic children under school age who also have cystic fibrosis
- Twins under a year old; one will need a liver transplant soon



# Children's Respite

- Our service provides much needed assistance to families who might otherwise be coping entirely on their own 24 hours a day



# Children's Respite

- With the gift of your financial assistance and moral support YOU make a difference.
- On behalf of NOVA Montréal and the families who have benefited from this program. Thank-you



Charles-Élie  
Third Birthday  
March 2006

