

**PEPP**  
MONTRÉAL

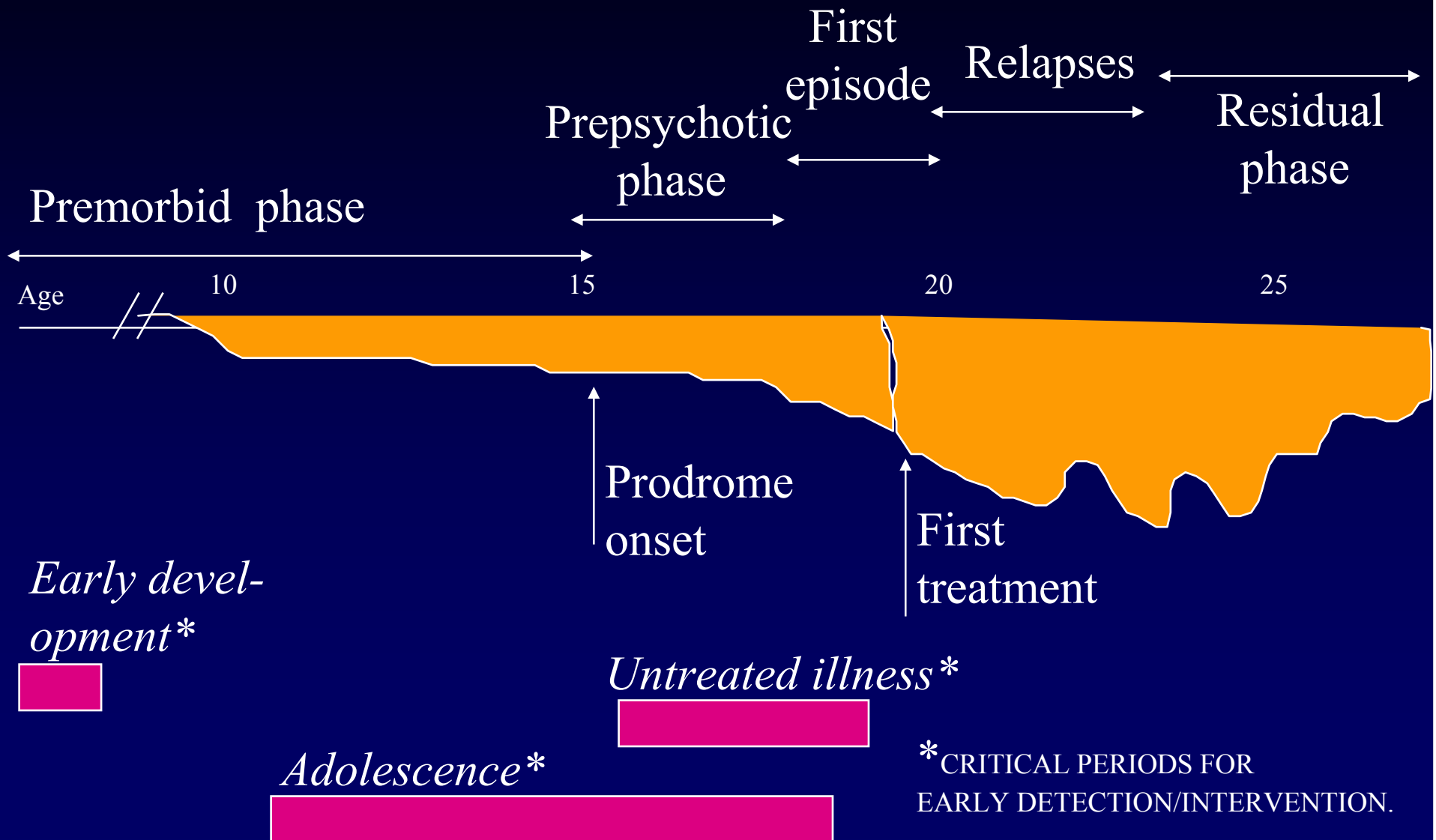
Prevention and Early Intervention  
Program for Psychosis

Douglas Hospital Research  
Centre, McGill University,  
Montreal

# ***Facts about Psychosis***

- Most severe mental disorder (1-2% life time risk)
- Most cases have their onset before the age of 25.
- Nearly 25% before 18
- Early signs of psychiatric symptoms and functional problems (prodromal) begin usually in early adolescence

# Natural course of schizophrenia.



# CAYR (SMD)

Centre for Counseling and  
Assessment of Youth at Risk  
for Serious Mental Disorders

PEPP-Montreal

# CAYR (SMD)

- What is it?
- Criteria?
- Relation with PEPP?
- What will be offered?

# CAYR – What is it?

- Research Clinic
- Objective: Prevention of psychosis in individuals at ultra-high risk (UHR)
- Specific Objectives:
  - Assessment and monitoring of individuals (14-30) who meet criteria for UHR
  - To conduct research in understanding risk and protective factors for conversion to psychosis
  - To conduct intervention studies for prevention of conversion to psychosis

# CAYR - Criteria

## 1) AGE

- 14-30 years old

## 2)

- Client seeking help for a mental health problem



# CAYR

## MONTRÉAL

*clinique d'évaluation  
des jeunes à risque*

Un sous-programme de :



► PROGRAMME D'ÉVALUATION, D'INTERVENTION ET DE PRÉVENTION DES SYMPTÔMES  
► REVISION AND EARLY INTERVENTION PROGRAM FOR YOUNG

